

Free Lectures & Screenings **Provided by our Healthcare Professionals**

Brown Bag Pharmacy Session

Provided by Beverly Hospital Pharmacists
Beverly Senior Center
90 Colon Street, Beverly
10- 11 a.m.
To register, please call 978-921-6017

December 1

Taking Charge of Your Bladder: Exercise Can Help

Pamela McIntosh, PT from Addison Gilbert
Danvers Council on Aging,
25 Stone St. Danvers
10:30 – 11:30 a.m.

December 1

Lights of Love

Join us for refreshments and our Annual
Tree Lighting at Addison Gilbert Hospital
5:30 p.m.

December 2

Diabetes Screening

Women's Health Conference Room
Addison Gilbert Hospital
1 – 3 p.m.

December 6

Blood Pressure Clinic

Women's Health Conference Room,
Addison Gilbert Hospital
1-3 p.m.

December 6, 13, 20, 27

Caregiver Stress Around the Holidays

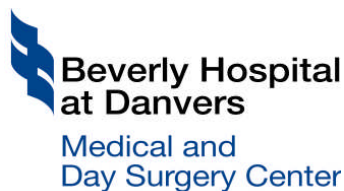
Cheryl Wall, LICSW from Northeast Link
Beverly Senior Center
90 Colon Street, Beverly
10 – 11 a.m.
To register, please call 978-921-6017

December 15

Brown Bag Pharmacy Session

Provided by Beverly Hospital Pharmacists
Center for Healthy Aging
75 Lindall St. Beverly
11 a.m. – 1 p.m.
To register, please call 978-921-6017 x300

December 16



December 2010