

weekly menu

February 6th to 10th

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Crab & Corn Chowder * Turkey Vegetable	Artichoke & Spinach * Beef Barley	Chicken Rice with Escarole * Cream of Broccoli	Chicken Orzo * Vegetable	Tuscan Chicken & Bean * N.E. Clam Chowder
Chef's Table	Tokyo Noodle Bar	Mexican Pulled Pork * Tilapia Bites	Bao Bun Sandwiches	Shrimp Scampi Tortellini Bake * Chicken Pot Pie	Haddock Putanesca * Corned Beef
Sides	Soba Noodles	Mexican Rice * Sweet Potato Fries	Jasmine Rice * Bun Bao	Sriracha Lime Sweet Potato * Coconut Chickpeas	Parslied Potatoes * Lemon Rice with Peas
Sides	Asian Mixed Vegetables	Pico de Gallo * Spicy Black Beans Corn, Avocado, & Mango Salsa	Kimchee * Sesame Garlic Spinach * Sesame Carrots	Lemon Grass Bok Choy * Peas & Pearl Onions	Baby Carrots * Cabbage Wedge

All Entrees are served with One Side, Additional Sides are 1.49



A better-for-you choice lower in calories and sodium, high in fiber and good fats.