Dear Prospective Parent,

The following information is made available to you in accordance with regulatory requirements of the Massachusetts Chapter III, Section 70E. The information is based on fiscal year 2020 statistics.

During the fiscal year 2020, 2,100 women chose to have their babies at Beverly Hospital, which includes the North Shore Birth Center.

**Cesarean Deliveries**
In fiscal year 2020, Beverly Hospital had a Primary Cesarean delivery rate of 18% and a Repeat Cesarean delivery rate of 14%.

**Certified Nurse Midwives**
Approximately 42% of the 2,100 births were delivered by Certified Nurse Midwives.

**Fetal Monitoring**
Approximately 81% of women delivering at Beverly Hospital had continuous external fetal monitoring in order to evaluate the status of their infant during labor.

Of the 81% who had external fetal monitoring, less than one percent of the women required internal fetal monitoring.

**Forcep Delivery**
In fiscal year 2020, none of the women delivering at Beverly Hospital required forceps for delivery.

**Induction/Augmentation**
The annual percentage of women at Beverly Hospital who had induced births was 17%. An additional 35% had their labor augmented.

**Episiotomies**
Of the total number of women delivering at Beverly Hospital, 2% required an episiotomy.
Anesthesia
In fiscal year 2020, 62% of women delivering at Beverly Hospital had epidural anesthesia, for pain control, during labor and delivery; including cesarean section.

The percentage of women receiving spinal anesthesia was 22%. This is usually for surgical procedures only.

Less than one percent of the women delivering at Beverly Hospital required general anesthesia.

Breastfeeding
In fiscal year 2020, 89% of mothers delivering at Beverly Hospital were breastfeeding their infants at the time of discharge. Of the 89% breastfeeding mothers, 47% were exclusively breastfeeding their infants.

If you have any further questions or would like additional information, please feel free to contact me at Beverly Hospital by calling (978) 816-2037. We look forward to meeting you when you come to Beverly Hospital for your very special delivery.

Sincerely,

Rebecca Gadon, RNC-MNN, MA
Associate Chief Nursing Officer
Maternal Newborn Services

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