GASTROSCOPY PREPARATION INSTRUCTIONS  
PLEASE READ NOW AND AGAIN 1-2 WEEKS BEFORE SCHEDULED PROCEDURE

If you are taking Coumadin, any other blood thinner, Diabetes medications (insulin or tablets), or heart medications like Digoxin or if you have a pacemaker or defibrillator (AICD): Notify us when scheduling or planning the procedure to receive specific instructions for these.

*Do not take Fish oil, Vitamin E, or Iron for the 5 days preceding the procedure (unless specifically instructed to do so by our office). PLEASE CALL AND SPEAK TO ONE OF OUR NURSES IF YOU ARE NOT SURE ABOUT YOUR MEDICATIONS!!

DAY OF PROCEDURE:

1. NOTHING TO EAT OR DRINK AFTER MIDNIGHT (Medications allowed if verified with our office on scheduling)
2. Report at the specified time. Late arrival may result in cancellation of the procedure. PLEASE BRING YOUR LIST OF MEDICATIONS WITH YOU

All patients must make arrangements to be picked up and accompanied home by a friend or relative after discharge from the endoscopy. You are not allowed to go home by yourself, even on public transportation or taxi. You are not allowed to drive, operate machinery or make business decisions for the rest of the day.

You will be ready to return home at approximately 3 HOURS FROM ARRIVAL

- If you have any questions, please contact our office immediately at: 978-232-1120

If you must cancel or reschedule, please do so well in advance of the procedure (at least 5 working days before the scheduled procedure) so that other patients may be booked into that time slot!! Thank You!!!!